

**Child and Family
Consultants Inc.**
321-768-6800



Mental Health Services

Individuals, couples, families, infants, children, and adolescents receive mental health services from our experienced psychotherapists. Our mental health personnel are licensed in psychology, marriage, and family therapy, mental health counseling and clinical social work. Therapy that involves children typically includes parents and/or caregivers who have daily interactions with the child.

Our psychotherapists are experienced in psychocological testing, play, art, and therapies, Process Communication Management, EMDR, Cognitive Behavioral Therapy, Crisis Intervention, and sex therapy. Clients also see therapy related to issues of concern to women, sexuality issues, adjustment to illness, depression, and anxiety.

Children in therapy frequently exhibit attention problems, anxiety, developmental delays, behavioral problems, sensory issues and/or medical concerns. Coordinating parent training with speech and occupational therapies, physicians and psychiatrists has proven an effective means to maximize a child's functioning at both home and school.

The class required by the court for divorcing parents "Children of Divorce" is offered several times a month by our licensed therapists. The class addresses typical responses of children to the divorce process and information about individual children's needs as they learn to cope with changes in family structures. In addition, the class examines how to move out of adversarial positions into new parenting roles for the continued nurture of children involved in divorce or custody issues.